



Parent Café

- share ideas ● make new friends ● discuss your family's hopes & dreams ●
- Free dinner & child care is provided at all Parent Cafes! ●

New Richmond Area Centre
428 S. Starr Ave.
New Richmond, WI 54017

January 28
February 11, 25
5:30 to 7:30 pm

Abundant Life Learning Center
896 State Rd. 65
River Falls, WI 54022

March 17, 31
April 14
6 to 8 pm

Future events will be
listed online at
ChildCarePartnership.org

To Register: contact the Family Resource Center of St. Croix Valley at 715-684-4440. Please register at least one week prior to the session you are attending.

For more information: contact Sandy at Western Dairyland Child Care Partnership at 715-831-1700 or 800-782-1880.



This service is made possible by Supporting Families Together Association with funding from the Race to the Top—Early Learning Challenge Grant at the Wisconsin Department of Children and Families



Parent Café

Love is Not Enough

Research from the Center for the Study of Social Policy (CSSP) and Strengthening Families™ of Illinois shows that when Protective Factors are present in a family, that family is stronger and those children are safer. Through Parent Cafés, parents are working to build these Protective Factors in their families.

Over the course of 3 evening sessions, parents will discuss 3 separate themes:

Taking Care of Yourself
Being a Strong Parent
Building Strong Relationships with Your Children

These themes incorporate the Protective Factors and provide a framework for parents to relate them to their own lives. Parents gather in small groups at individual tables to explore questions and have a discussion, which is facilitated by a Parent Host. Parent Cafés are unique in that every parent's voice is heard. These Parent Cafés are an avenue for parents to come together to talk, to listen, and to support others with stressors, worries and challenges that many have struggled with alone. The Parent Cafés support parents in building friendships and a strong network of families who help each other stay strong!

The Five Protective Factors include:

1. Be strong and flexible
2. Parents need friends
3. Being a great parent is part natural and part learned
4. We all need help sometimes
5. Parents need to help their children communicate



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